Beaver SUMMER CAMP MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST (extended day only)	Cereal: Rice Krispies, Cheerios Bagels: plain or with sunbutter, cream cheese, or butter hand fruit, milk				
AM SNACK	Animal Crackers	Cheez-its	Lays potato chips	Goldfish	Rold Gold pretzels
HOT LUNCH ENTREE	Meatballs Subs marinara; whole wheat grinder rolls; parmesan	Chicken Fingers ketchup; honey mustard; bbq sauce	Pasta plain pasta; marinara; parmesan & butter	Pizza cheese; Pepperoni; dairy free	BVR BBQ hamburgers; hot dogs; veggie burgers; buns and rolls
GF LUNCH	GF meatballs & rolls	GF chicken fingers	GF pasta	GF pizza	GF buns and rolls
SALAD/DELI	Sandwiches: turkey, cheese, tuna, bagel and cream cheese, and sunbutter & jelly on whole wheat Salad: garden salad (dressing options: balsamic vinaigrette, ranch, Italian) Condiments: mustard, mayo, butter Assorted veggie crudité with ranch and house made hummus without tahini				
DESSERT	chocolate bear cookies	apple sauce	chocolate pudding	watermelon	popsicles
BEVERAGES	Milk; Water				
PM SNACK (extended day only)	Goldfish, Oyster crackers, hand fruit	Lays potato chips, Oyster crackers, hand fruit	Animal crackers, Oyster crackers hand fruit	Tortilla Chips & Salsa, Oyster crackers, hand fruit	Cheez-its, Oyster crackers, hand fruit
ALLERGEN OPTIONS					
AM SNACK	Nature's Bakery fig bars	Good Health veggie straws	Uglies potato chips	LesserEvil paleo puffs	Snyder's pretzel
PM SNACK	Uglies BBQ chips	LesserEvil popcorn	Annie's bunny fruit snacks	Way Better Snacks sweet potato tortilla chips	Enjoy Life breakfast oval- apple cinnamon